

2025 WIZARD SPEC AD LIBRARY AD THEMES SCHEDULE

JANUARY

Health & Wellness Weddings

FEBRUARY

Spring Home Senior Living

MARCH

Children's Health Car Care

APRIL

Home Interiors Celebrations

MAY

Senior Living Local Services

JUNE

Weddings Summer Fun

JULY

Outdoor Living Our Neighborhood

AUGUST

Back to School Emergency

SEPTEMBER

Fall Home Senior Health

OCTOBER

Holiday Gifts Breast Cancer Awareness

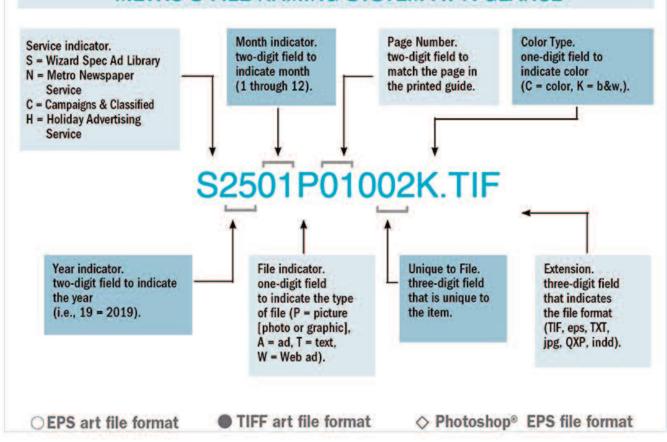
NOVEMBER

Holiday Season Kids & Family

DECEMBER

Winter Fun Money Matters

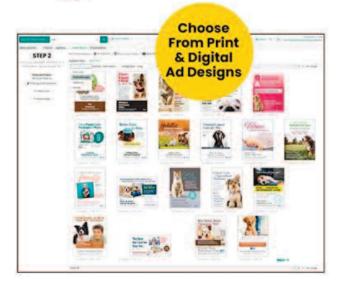
METRO'S FILE NAMING SYSTEM AT A GLANCE

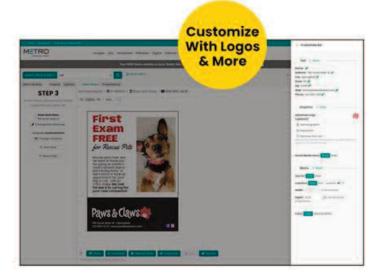


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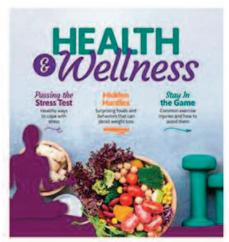
- 1. Enter or select from saved advertiser info, including logos.
- 2. Search spec ads with keyword(s), size, orientation and companion web ad filters to automatically personalize your selection.
- 3. Share presentations by email, or present to clients directly on your tablet or laptop.

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>> Click here to Preview This Section >> Click to Purchase or Get Pricing

Metro's print and digital sections are ready to run and easy to customize, so you can save time and sell more!

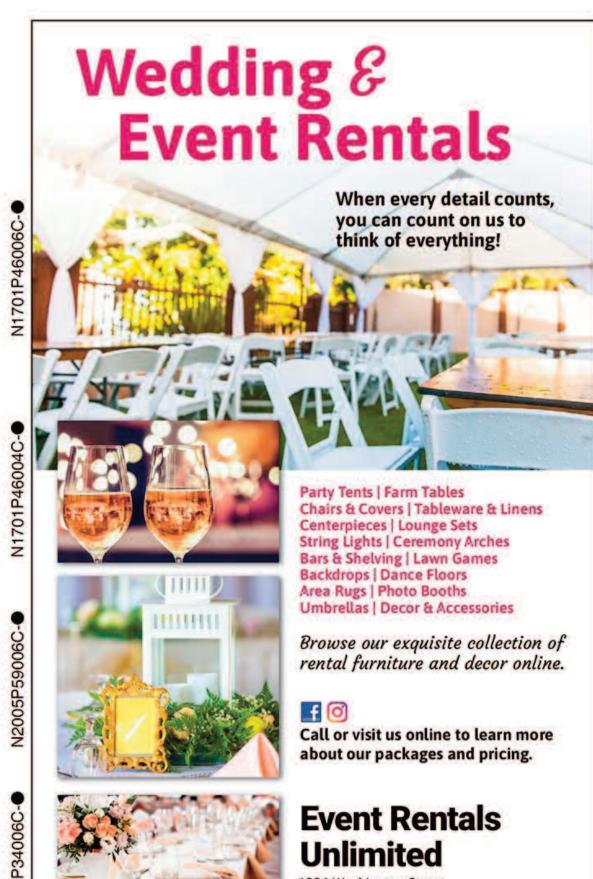
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 Click Here to Learn More About Metro's Themed Special Sections and See the Full 2025 Schedule

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>> Click here for your latest wellness features >> Click here for your latest bridal features



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AD# S2501A03001C

PASS 3 COL. x 9.5









AD# S2501A03001C 3 COL. x 9.5





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Find everything you want in a wedding dress, for less.

We offer full-service gown and accessory rentals, which includes alterations and cleaning, making the entire process green, affordable, convenient and fun!



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Boutique Bridal Consignments

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PASS 3 COL. x 4.5





WEDDING **Boutique Bridal** Book an Consignments GOWN Consignment, Rental & Purchase 1234 Washington Street

Mobile Wide 320 x 50

WEDDING GOWN

Consignment, Rental & Purchase

Exquisite style. Top designers. Premium quality.

Book an Appointment

Boutique Bridal Consignments

1234 Washington Street Somersville Heights







Rectangle 300 x 250







Mobile Wide 320 x 50



- Skin Care Injectables
- · Laser Treatments
- · PRP · IV Therapy

Wedding Package Deals



1234 Washington Street Somersville Heights



Leaderboard 728 x 90







Avenue Wine & Spirits 1234 Washington Street

Mobile Wide 320 x 50



The best variety and value for your wedding! Champagne · Wine · Craft Beer · Spirits

Create a Signature Cocktail

Avenue Wine & Spirits 1234 Washington Stree Somersville Heights









The Gables Event & Banquet Hall

1234 Washington Street Somersville Heights

Health & Wellness

Every Day, Every Way

Making healthy habits a part of your daily routine can be fun and enjoyable, and lead to a more fulfilling life!



variety of fresh fruits and vegetables by making colorful choices at the grocery store. Experts recommend eating about five servings of fruits and vegetables daily.

Schedule **Preventive** Healthcare

Stay up to date on annual physicals, recommended immunizations and appropriate screening tests based on your age and doctor's guidance.



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Keep Moving & Mix It Up

The CDC recommends adults get at least 150 minutes of moderate-intensity physical activity each week, or 75 minutes of vigorous-intensity activity. Varying your routine with different types of movement, from walking or running to dancing, weight training, swimming, hiking, biking and beyond can stave off boredom and keep you motivated.

Exercise Your Brain

Studies show that mental fitness can help slow cognitive decline and improve mood. Practicing a new language, learning a dance or doing a puzzle are a few easy ways to get started. Mindfulness exercises like meditation, yoga or deep breathing can also help lower stress and benefit your brain.

Reconnect IRL

Studies link socializing to longevity, as well as reduced symptoms of depression and decreased feelings of anxiety. Amp up your in-person social interactions by making plans with friends, joining a club or visiting a coffee shop. Chatting with friends or family on the phone can also benefit your mood and mental health.

FITNESS CENTER	SOCIAL CLUB	YOGA STUDIO
FARM MARKET	BIKE SHOP	DANCE STUDIO
HEALTH CENTER	ANIMAL RESCUE	SENIOR CENTER

Find the Right "Fit" for You

Explore activities you enjoy, and take the work out of your workout routine!

The possibilities are endless...
Yoga Mats & Starter Kits | Hula Hoops & Active Play
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AD# S2501A09001C

PASS 3 COL. x 4.5

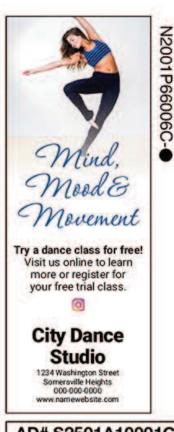


Rectangle 300 x 250



Mobile Wide 320 x 50

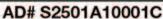






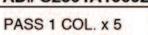




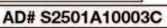


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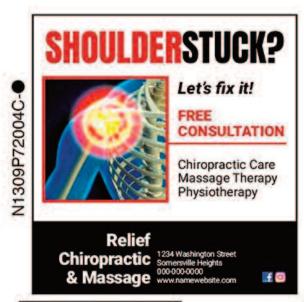


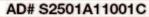




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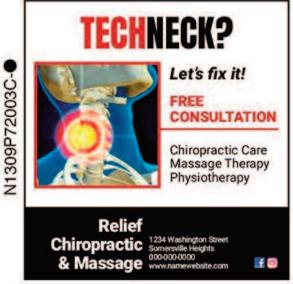






PASS 2 COL. x 4

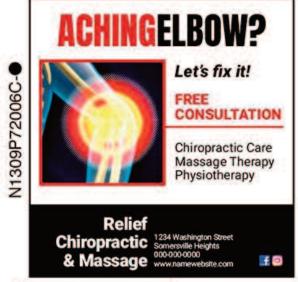


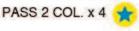


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PASS 2 COL. x 4 🔷









AD# S2501A11002C

PASS 2 COL. x 4

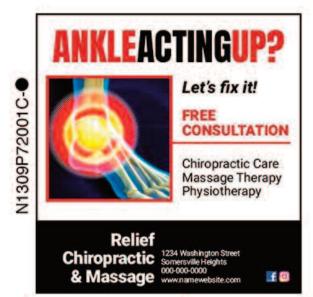




AD# S2501A11004C

PASS 2 COL. x 4





AD# S2501A11006C

PASS 2 COL. x 4



AD# S2501A11005C



Rectangle 300 x 250



Mobile Banner 320 x 50



Relief Chiropractic & Massage

Mobile Wide 320 x 50



Let's fix it! FREE CONSULTATION **Relief Chiropractic** & Massage

Leaderboard 728 x 90



Rectangle 300 x 250



& Massage

Mobile Wide 320 x 50



Rectangle 300 x 250



& Massage

Mobile Wide 320 x 50



Rectangle 300 x 250



& Massage

Mobile Wide 320 x 50



Mobile Wide 320 x 50



Mobile Wide 320 x 50